



Taste & Technology

Prawns SV

Recipe number:

04.10.038

Starting material:

1000 g Prawns, raw without head/shell

Seasonings & additives:

80 g LAFINESS Herb butter without glutamate SG 812050

Processing procedure:

Marinate the prawns (without head / shell) in the marinade. Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +50°C for 15 minutes.

Remove the cooked prawns from the bag and sear in a frying pan.

EU Food Information Regulation:

Prawns raw, rapeseed oil, table salt, SKIMMED MILK POWDER, seasoning (contains CELERY LEAVES), BUTTER, palm fat, natural flavouring (contains LACTOSE), acidifier: (E 262 Sodium acetate, E 270 Lactic acid)

Analysis:

Calorific value KJ	575 KJ
Calorific value Kcal	137 Kcal
Fat	6.8 g
Saturated fatty acids	1.1 g
Carbohydrates	1.4 g
Sugar	0.4 g
Protein	17.4 g
Sodium	0.5 g
Salt	0.9 g