



Taste & Technology

Scallops SV

Recipe number:

04.10.042

Starting material:

1000 g Scallops

Seasonings & additives:

70 g LAFINESS Bärlauch Free SG (wild garlic) 564050

Processing procedure:

Marinate the scallops in the marinade.
Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +50°C for 15 minutes.

Remove the cooked scallops from the bag.

EU Food Information Regulation:

Scallops, rapeseed oil, table salt, palm fat, spices, spice extracts

Analysis:

Calorific value KJ	530 KJ
Calorific value Kcal	128 Kcal
Fat	9.9 g
Saturated fatty acids	3.1 g
Carbohydrates	3.5 g
Sugar	0.6 g
Protein	5.9 g
Sodium	0.5 g
Salt	0.8 g