

Label Rouge Chicken SV

Recipe number:

04.10.045

Starting material:

1000 g Chicken - Label Rouge

Seasonings & additives:

100 g Lafiness Mediterranean Herbs 807750 Premium SG **Processing procedure:**

Marinate the Label Rouge chicken in the marinade. Place in the shrink bag, vacuum seal and cook.

Art. No.: 990550 shrink bag 400x600

Preparation:

Cook in a water bath at +80°C for 2.5 hours.

Remove the cooked chicken from the bag and cook on all sides on the BBQ.

EU Food Information Regulation:

Chicken, rapeseed kernel oil, seasoning, sea salt, palm fat

Analysis:

Calorific value KJ	869 KJ
Calorific value Kcal	209 Kcal
Fat	14.6 g
Saturated fatty acids	3.1 g
Carbohydrates	0.7 g
Sugar	0.5 g
Protein	18.4 g
Sodium	0.5 g
Salt	1.3 g