

Rack of Lamb SV

Recipe number: 04.10.011

Starting material:

1000 g Rack of lamb

Seasonings & additives:

100 g LAFINESS Rosemary Free SG

558350

Processing procedure:

Marinate the rack of lamb in the marinade. Place in the shrink bag, vacuum seal and cook.

Art. No.: 990550 shrink bag 400x600

Preparation:

Cook in a water bath at +58°C for 30 minutes.

Remove the cooked rack of lamb from the bag and BBQ until crispy.

EU Food Information Regulation:

Lamb, rapeseed oil, seasoning, table salt, palm fat

Analysis:

Calorific value KJ	1,097 KJ
Calorific value Kcal	265 Kcal
Fat	21.6 g
Saturated fatty acids	6.7 g
Carbohydrates	0.5 g
Sugar	0.3 g
Protein	16.9 g
Sodium	0.5 g
Salt	1.1 g