

Mini Pork Knuckles SV

Recipe number:

04.10.015

Starting material:

1000 g Mini pork knuckles

Seasonings & additives:

20~g BBQ, rolling, spit-roasting

seasoning salt FREE

120 g Brine for roast knuckle of pork

12%

Processing procedure:

Inject the pork roast with 12% of the curing brine.

Sprinkle the seasoning over the knuckles and then massage it

in.

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Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +75°C for 8 hours

Remove the knuckles from the bag and BBQ until crispy.

EU Food Information Regulation:

Pork, potable water, pork bacon, table salt, seasoning (contains CELERIAC), dextrose, flavour enhancer: E 621 Monosodium glutamate, water, natural flavouring

Analysis:

Calorific value KJ	1,310 KJ
Calorific value Kcal	317 Kcal
Fat	29.0 g
Saturated fatty acids	11.6 g
Carbohydrates	1.4 g
Sugar	1.3 g
Protein	12.4 g
Sodium	0.9 g
Salt	2.2 g