



**Taste & Technology**

## Carrots SV

**Recipe number:**

04.10.049

**Starting material:**

1000 g Carrots

**Seasonings & additives:**

15 g Mirakel Pueblo FREE

484500

**Processing procedure:**

Rub the seasoning into the carrots/ Sprinkle the seasoning onto the carrots.

Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

**Preparation:**

Cook in a water bath at +80°C for 60 minutes.

Remove the cooked carrots from the bag.

**EU Food Information Regulation:**

Carrots, iodised salt, seasoning, palm fat, sugar, spice extracts

**Analysis:**

Calorific value KJ	177 KJ
Calorific value Kcal	42 Kcal
Fat	0.4 g
Saturated fatty acids	0.3 g
Carbohydrates	7.1 g
Sugar	6.6 g
Protein	0.9 g
Sodium	0.2 g
Salt	0.6 g