

Roast Vegetables SV

Recipe number:

04.10.050

Starting material:

1000 g Roast vegetables

Seasonings & additives:

70 g LAFINESS Herb butter without 812050 glutamate SG

Processing procedure:

Marinate the roast vegetables in the marinade. Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +85°C for 55 minutes.

Remove the cooked roast vegetables from the bag.

EU Food Information Regulation:

Roast vegetables (carrots, broccoli, beans, zucchini, bell peppers, pearl onions, aubergines), rapeseed oil, table salt, SKIMMED MILK POWDER, seasoning (contains CELERY LEAVES), BUTTER, palm fat, natural flavouring (contains LACTOSE), acidifier: (E 262 Sodium acetate, E 270 Lactic acid)

Analysis:

| Calorific value KJ | 564 KJ |
|-----------------------|----------|
| Calorific value Kcal | 137 Kcal |
| Fat | 12.3 g |
| Saturated fatty acids | 1.6 g |
| Carbohydrates | 3.7 g |
| Sugar | 2.5 g |
| Protein | 1.8 g |
| Sodium | 0.3 g |
| Salt | 0.8 g |