



Taste & Technology

Pollo Fino Chicken SV

Recipe number:

04.10.018

Starting material:

1000 g Pollo Fino - chicken thigh steak

Seasonings & additives:

| | | |
|------|----------------------------|-----------|
| 20 g | Liq-Würz Gourmet MARINA | 514300 |
| 30 g | Mirakel - Mama African Rub | 1.453.700 |

Processing procedure:

Rub the Liqwürz Marina into the chicken legs and then massage in the seasoning.

Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +70°C for 2 hours.

Remove the cooked Pollo Finos from the bag and BBQ on all sides until crispy.

EU Food Information Regulation:

Chicken, rapeseed oil, seasoning, table salt, palm fat, carrots, spice extracts

Analysis:

| | |
|-----------------------|----------|
| Calorific value KJ | 794 KJ |
| Calorific value Kcal | 191 Kcal |
| Fat | 13.1 g |
| Saturated fatty acids | 4.1 g |
| Carbohydrates | 0.6 g |
| Sugar | 0.3 g |
| Protein | 17.4 g |
| Sodium | 0.4 g |
| Salt | 1.1 g |