



Taste & Technology

Green Asparagus SV

Recipe number:

04.10.056

Starting material:

1000 g Green asparagus

Seasonings & additives:

50 g Lafiness Safran Premium SG 2439000

Processing procedure:

Marinate the green asparagus in the marinade.
Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +85°C for 25 minutes.

Remove the cooked asparagus from the bag.

EU Food Information Regulation:

Asparagus, rapeseed kernel oil, sea salt, seasoning, palm fat, natural flavouring (contains LACTOSE), table salt, sugar, saffron

Analysis:

Calorific value KJ	208 KJ
Calorific value Kcal	50 Kcal
Fat	3.5 g
Saturated fatty acids	0.4 g
Carbohydrates	2.0 g
Sugar	1.9 g
Protein	1.9 g
Sodium	0.3 g
Salt	0.7 g