



Taste & Technology

Sweet Potatoes SV

Recipe number:

04.10.058

Starting material:

1000 g Sweet potatoes

Seasonings & additives:

70 g LAFINESS Thai Coconut 1045750

Processing procedure:

Cut the sweet potatoes into slices and marinate in the marinade.
(Slice thickness approx. 1 cm.)
Place in the shrink bag, vacuum seal and cook.

Art. No.: 990551 shrink bag 250x450

Preparation:

Cook in a water bath at +84°C for 45 minutes.

Remove the cooked sweet potato slices from the bag.

EU Food Information Regulation:

Sweet potatoes, rapeseed oil, table salt, sugar, spices, coconut milk, yeast extract, palm fat, seasoning, natural flavouring

Analysis:

Calorific value KJ	324 KJ
Calorific value Kcal	78 Kcal
Fat	4.3 g
Saturated fatty acids	0.6 g
Carbohydrates	7.4 g
Sugar	7.0 g
Protein	1.0 g
Sodium	0.4 g
Salt	1.0 g