

# Vegavo Vegan mince

## Guidelines:

Recipe number: 17.008

### Requirements as per guideline:

### Starting material:

| 22.00 kg  | + Vegavo PeaTex        | 2827300 |
|-----------|------------------------|---------|
| 43.00 kg  | Water for texturate    |         |
| 6.oo kg   | Liq Vegetable Cream SG | 1480300 |
| 1.50 kg   | Methyl Cellulose E 461 | 2448500 |
| 22.50 kg  | Ice water for emulsion |         |
| 5.00 kg   | Coconut Oil, Hardened  |         |
| 100.00 kg |                        |         |

### Seasonings & additives:

| 0.50 kg | Liq Beetroot                 | 1703700 |
|---------|------------------------------|---------|
| 0.30 kg | LIQ-WÜRZ PAPRIKA INTENSIVE 3 | 554000  |
|         | KG CAN                       |         |
| o.8o kg | EVAPORATED SALT FINE 25 KG   | 062600  |
|         | SACK                         |         |
| 0.50 kg | + ERPU GOLD V                | 2110000 |
| 1.40 kg | Vegi Mince Seasoning         | 2807700 |

### Casings:

# Processing procedure:

#### With a mincer:

- 1. Rehydrate Vegavo Pea Tex with water, Liq beetroot and Liq Paprika intensive for approx. 30 mins. When doing so mix the texturate regularly to ensure even absorption of the water.
- 2. Mix the methyl cellulose (1480300), vegetable cream (2448500) and ice water to create an emulsion, add the vegetable cream first, temperature under 7 °C.
- 3. Mince the softened texturate on a 5 mm setting.
- 4. Mix all the ingredients until they bind.
- 5. Cool the mixture to approx. o °C and then mince on a 3 mm setting.

### Without a mincer:

- 3. Use the cutter to cut all the ingredients to approx. 3-5 mm until they form an even mixture.
- 4. Cool the mixture to approx. o °C and then mince on a 3 mm setting.

Fry the vegan mince in a pan with a small amount of oil for approx. 5 minutes at a medium heat until it reaches the desired brownness. Vegan mince can be used in a similar to minced meat.

### Ingredients:

Potable water, pea protein concentrate (yellow peas), rapeseed oil, vegetable fats (coconut fat, palm fat), thickening agent: (E 461 Methyl cellulose, E 415 Xanthan gum, E 412 guar gum), table salt, aroma, moderated spirit vinegar, beetroot juice concentrate

### **Nutritional values:**

| Calorific value KJ<br>Sugar | 752KJ<br>0.6g |
|-----------------------------|---------------|
| Calorific value Kcal        | 181Kcal       |
| Protein                     | 13.4g         |
| Fat                         | 12.2g         |
| Sodium                      | o.8g          |
| Saturated fatty acids       | 5.1g          |
| Salt                        | 1.9g          |
| Carbohydrates               | 2.8g          |
|                             |               |