



Geschmack & Technologie

Vegavo Weizenprotein Pulled Pork

Recipe number:
ER2500110

Raw material:

3.40 kg water
1.60 kg Water for the texturate

Spices & processing aids:

3.70 kg	Vegavo Aufschnitt (Basis Weizen) CL vegan	4333000
0.80 kg	Vegavo Texturat (Basis Weizen) vegan	3020100
5.00 kg	Liq-Pflanzencreme	1480300
0.45 kg	Mirakel - Mama African Rub	1453700

Processing sequence:

1: Soak the texturate:

Soak the Vegavo Texturat Base Wheat (3020100) with +30 °C warm water for at least 30 minutes.

2: Prepare the mass:

Add +30 °C warm water to the cutter, add the compound Vegavo Cold Cut Base Wheat (4333000) and the spice mix Mama Africa Rub and cutter at slow speed for 1 minute. Then add the vegetable cream (1480300) and continue to chop the mixture on a slow speed for about 8 minutes. Finally, mix in the soaked texturate for approx. 1 minute.

3: Leave to rest:

Leave the mixture to rest at room temperature for at least 45 minutes, covered with cling film.

4: Filling and cooking:

Stuffing: Using a vacuum filling machine, fill the mixture into 90 sterile casings.

Cooking: Cook in a water bath at +85 °C for 3 hours.

Allow to cool:

Leave the pulled pork to cool overnight in the fridge.

Slicing:

Stuff the Vegavo pulled pork.

Frying pan:

Sear over a high heat with a little oil from for about 5 minutes.

Ideal

Mix the pulled pork with our BBQ sauce Art: 893450.

Mixing ratio:

1 kg pulled pork with 150 g BBQ sauce

Ingredients:

water, rapeseed oil, GLUTEN, WHEAT PROTEIN, vegetable (chickpeas, carrot), rapeseed oil (fully hydrogenated), pea protein, spices, yeast extract, salt, herbs

Nutrition declaration:

energy value	1.757kJ
energy value	424kcal
fat	35,3g
saturates	4,8g
carbohydrate	5,2g
sugar	1,0g
polyols	0,0g
protein	20,8g
sodium	0,6g
salt	1,5g

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