



Geschmack & Technologie

SOFIT Chicken Slices India Style High Protein

Recipe number:
ER2400598

Raw material:

1000 g Chicken strips

Spices & processing aids:

400 g SOFIT High Protein MariTop
India Style

4379400

Processing sequence:

Mix the sliced chicken well with the Sofit India High Protein.

Cook the ready-to-cook sliced meat in a preheated pan over a medium heat for approx. 10 - 15 minutes.

In a preheated convection oven at 160 - 180°C, the cooking time is approx. 15 - 20 minutes.

Ingredients:

chicken breast fillet 77.6 %, water, vegetable (paprika, onions), rapeseed oil, pea protein, brandy vinegar, apple purée, sugar, salt, spices, modified starch, MILK PROTEIN, flavourings, yeast extract, maltodextrin, thickening agent: E 415 xanthan gum, preservative: (E 202 potassium sorbate, E 211 sodium benzoate), herbs

Nutrition declaration:

Calorific value kJ	533KJ
calorific value kcal	126Kcal
fat	3,4g
saturates	0,5g
carbohydrate	2,7g
sugar	1,5g
polyols	0,0g
protein	20,8g
sodium	0,5g
salt	1,3g

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