



Geschmack & Technologie

# AVO FIX Cuisine for Chicken Soup with Rice

Recipe number:  
ER2200672

## Starting material:

0.20 kg Chicken breast  
0.66 kg Water  
0.10 kg Long grain rice

## Seasonings & additives:

0.24 kg AVO Fix Cuisine for Chicken Soup with Rice 3.760.200

## Preparation:

Cut the chicken breast in small strips.

Bring the water and AVO Fix Cuisine for Chicken Soup to the boil.

Stir in the long grain rice and the sliced chicken breast. Simmer the chicken soup in covered saucepan for approx. 20 minutes.

**Check the cooking time for the rice!**

## EU Food Information Regulation:

Potable water, chicken, vegetables (leek, CELERIAC, carrots, peas, CELERY, RIBBED CELERY, onions), rice, water, BUTTER, WHIPPING CREAM, table salt, flavouring, modified starch, herbs, spices, flavour enhancer: E 621 Monosodium glutamate, thickening agent: E 415 Xanthan gum, preservative: (E 202 Potassium sorbate, E 211 Sodium benzoate), acidifier: E 330 Citric acid

## Analysis:

Calorific value KJ	151KJ
Calorific value Kcal	36Kcal
Fat	1.6g
Saturated fatty acids	0.2g
Carbohydrates	1.0g
Sugar	0.4g
Protein	4.3g
Sodium	0.3g
Salt	0.8g