

Rindfleischpfanne Gemüsetop Roasted Sesame

Recipe number:

ER2200831

Raw material:

1000 g Beef rump R I

Spices & processing aids:

1000 g Gemüsetop Roasted Sesam VLOG

3605900

Processing sequence:

Shred the beef and mix 1 to 1 with the vegetable topping.

Fry in the pan over medium heat.

Ingredients:

beef 50.0 %, vegetable 32.9 % (paprika, carrot, bamboo, mung bean sprouts, white cabbage, onions, leek), edible mushroom (button mushrooms, black fungus), SESAME OIL, sugar, water, soy sauce (water, SOYBEAN, salt, sugar), salt, starch*, brandy vinegar*, spices, spice extracts, thickening agent: E 415 xanthan gum

* of controlled organic cultivation DE-ÖKO-001

Nutrition declaration:

energy value	652 KJ
energy value	156 Kcal
fat	5,9 g
saturates	1,3 g
carbohydrate	9,6 g
sugar	4,2 g
polyols	0,0 g
protein	13,5 g
sodium	0,7 g
salt	1,7 g

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