

Schweinefleischpfanne Gemüsetop Thai Curry

Recipe number:

ER2200833

Raw material:

1000 g Pork topside S I

Spices & processing aids:

1000 g Gemüsetop Thai Curry VLOG 3605800

Processing sequence:

Shred the pork and mix 1 to 1 with the vegetable topping.

Fry in the pan over medium heat.

Ingredients:

pork meat 50.0 %, vegetable 36.0 % (paprika, bamboo, mung bean sprouts, white cabbage, onions, leek), blossom honey, black fungus, salt, water, brandy vinegar*, tomato purée, herbs, spices, lemon juice concentrate, soy sauce (water, SOYBEAN, salt, sugar), starch*, thickening agent: E 415 xanthan gum * of controlled organic cultivation DE-ÖKO-001

Nutrition declaration:

energy value	485 KJ
energy value	115 Kca
fat	3,0 g
saturates	1,1 g
carbohydrate	8,3 g
sugar	4,8 g
polyols	0,0 g
protein	11,9 g
sodium	0,6 g
salt	1,5 g

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