

# Spanisches Gulasch Sous-Vide

## Recipe number:

ER2300576

#### Raw material:

1000 g Pollo Fino - Chicken Top Leg Steak

200 g Pepper red, grilled, diced

## Spices & processing aids:

| 1000 g | Würzsauce Chorizo Style | 3810550 |
|--------|-------------------------|---------|
| 20 g   | Brathähnchen            | 054000  |
| 25 g   | Sous Vide Binder        | 2899600 |

## Processing sequence:

Dice the chicken thigh steaks.

Then mix the meat material with the spice and sous vide binder.

Now mix in the chorizo sauce.

Place in the relevant cooking bag Art: 9905500 and vacuum seal.

Cook at a temperature of +80 °C, for 4 hours. Serve with potatoes, rice and/or pasta.

## Ingredients:

Chicken 44.5 %, water, paprika, rapeseed oil, cane sugar, modified starch, spices, salt, brandy vinegar, tomato powder, paprika smoked (paprika, smoke), flavourings, thickening agent: (E 412 guar gum, E 415 xanthan gum), caramel, smoked salt (salt, smoke), sugar, hydrolysed vegetable protein, smoke flavouring, herbs

## Nutrition declaration:

| energy value | 641 KJ   |
|--------------|----------|
| energy value | 154 Kcal |
| fat          | 9,9 g    |
| saturates    | 2,1 g    |
| carbohydrate | 6,7 g    |
| sugar        | 3,7 g    |
| polyols      | 0,0 g    |
| protein      | 8,7 g    |
| sodium       | 0,5 g    |
| salt         | 1,4 g    |

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