



Frikadelle vegan, Komplettmischung ready to mix

German guideline:

Recipe number:

ER2103735
11.2038

Processing sequence:

1. Mix ice water, oil, onions and mustard with complete mixture for meatballs.
2. Leave mixture to swell in cold storage for 30 min.
3. Form into patties and fry them.

Requirement according to german guideline:

Raw material:

1.55 kg	Eiswasser
0.18 kg	Rapsöl, raffiniert
0.14 kg	Zwiebel TK
0.13 kg	Senf, mittelscharf
2.00 kg	

Spices & processing aids:

1.00 kg	Vegavo Frikadelle ready to mix	3335600
	Komplett	

casing:

Fry the meatballs in the pan with enough oil over medium heat.
Approx 6 minutes per side.

Ingredients:

water, pea protein, wheat bread crumbs (WHEAT FLOUR, salt, yeast), rapeseed oil, onion (onion), MUSTARD (water, MUSTARD SEED, Brantweinessig, salt, sugar, spices (mit SELLERIE), flavourings), spices, sunflower protein, thickening agent: E 461 methyl cellulose, salt, natural flavourings, hydrolysed vegetable protein, herbs, beetroot powder, smoked salt (salt, smoke)

Nutrition declaration:

energy value	747KJ
sugar	1,9g
energy value	179Kcal
protein	13,0g
fat	8,9g
sodium	0,8g
saturates	0,9g
salt	1,9g
carbohydrate	9,5g

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